

*Can you be a voice for the voiceless and  
give strength to the weak?*

At a time when most people shunned Assisi's leprosy victims, Francis embraced them, knowing that in doing so he had embraced Christ. In that same spirit, Change A Heart volunteers reach out and minister with the poor who are so desperately in need of comfort.

*Lend your hand, change a heart...*

Rooted in the spirit of St. Francis and the mission of the Sisters of St. Francis, you are invited to experience the power of God through relationships which empower the powerless, promote peace and transform the world around you. You will grow spiritually and personally in community where a simple Franciscan lifestyle is shared by all.

*Minister to those  
who need it most...*

As a volunteer, you have the opportunity to serve in a ministry based on your education and interest. While making a positive difference in the lives of others, you will be empowered to live a life of service as you meet Jesus through outreach with the underserved and impoverished.

Your expertise, your talents, your commitment to faith-based service with the poor can make a difference!

*Consider the  
possibilities...*

The Franciscan Volunteer Program offers single men and women, between the ages of 21 and 35, an opportunity to serve with the poor while living a Franciscan lifestyle. This way of life encourages the values of simplicity, community, spirituality and service.

Volunteers live together in community with other volunteers, religious and/or lay people. The length of volunteer service is one to two years renewable. Room, board, stipend and provided. The Americorps education award is available.

Our ministry opportunities reflect the ever-changing needs. Possible areas of service include:

- ◆ Addiction Services
- ◆ Family Social Services
- ◆ Day Care
- ◆ Healthcare
- ◆ Hispanic Ministry
- ◆ Homelessness
- ◆ Literacy Program
- ◆ Women's Services
- ◆ Youth Services

*Change A Heart*  
Franciscan Volunteer Program

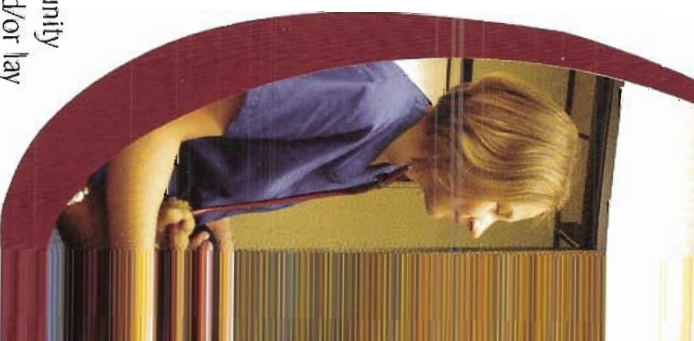
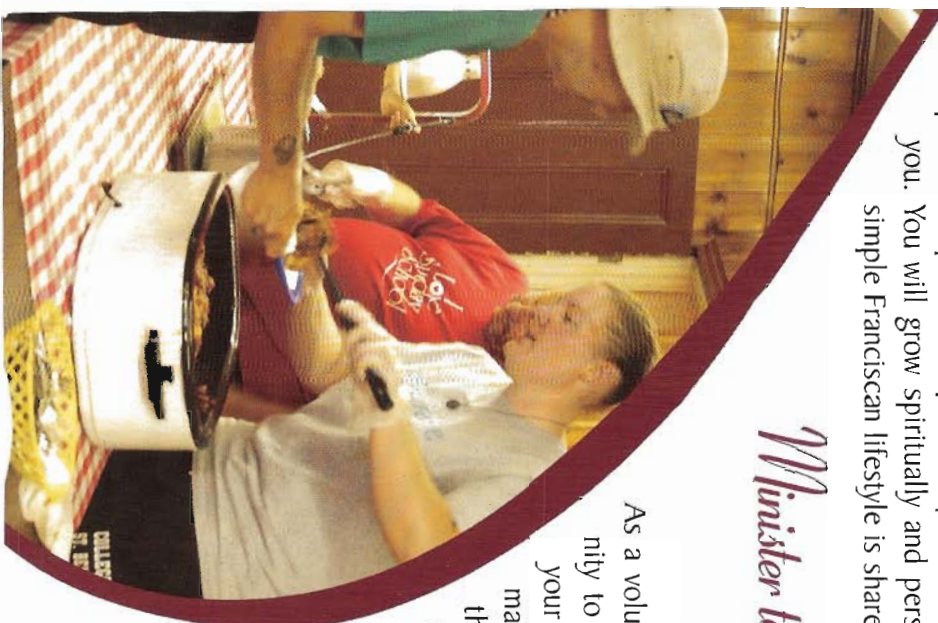
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"There are many things in life that catch your eye, but only a few will catch your heart - pursue those."

*Reflections from our former volunteers...*

"I learned that I'm being called, by God, to minister to God's people for the rest of my life, and I attribute this desire to my involvement in this program."

- Michelle Basista (Volunteer 1999-2000)

"The pillars of the program will stay with me through my professional and personal life for many years to come. The Change A Heart program was a wonderful experience that strengthened my commitment to service. I came away with more than I expected - patience, improved communication skills and a deeper sense of spirituality."

- Valerie Préndegast (Volunteer 2000-2001)

"My volunteer year showed me that I can live my life in a meaningful way ... and continue to apply the values I learned throughout my life."

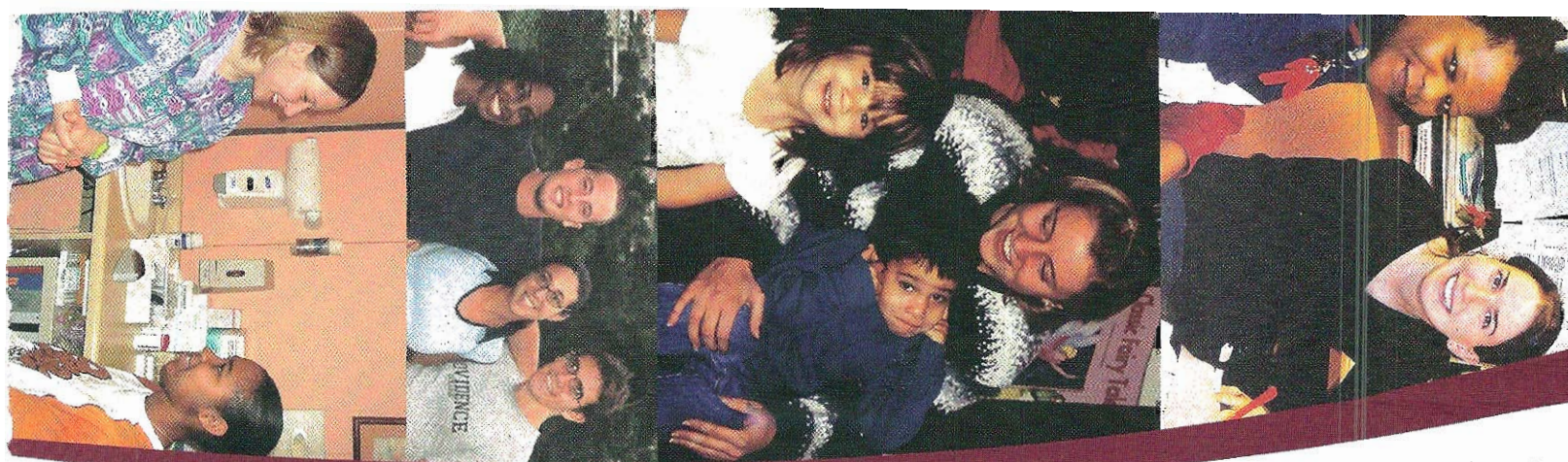
- Noelle Padgett (Volunteer 2001-2002)

"I truly believe this volunteer program opened my eyes to the joy of nursing, not only as a career but as a calling."

- Cheryl Cuglowski (Volunteer 2001-2002)

"My work is rewarding, and the values of this program (simplicity, community, spirituality and social justice) help complete the experience of living in an environment of openness and development."

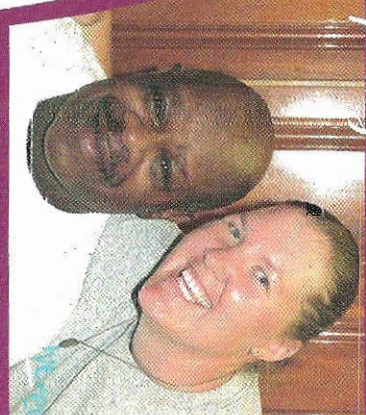
- Aaron Langan (Volunteer 2003-2004)



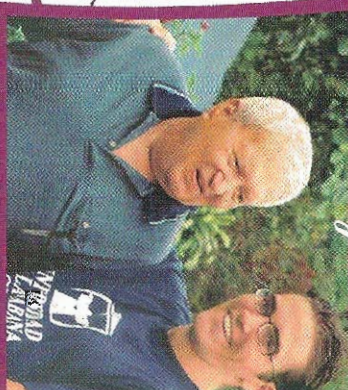
# Change A Heart

Franciscan Volunteer Program

*Simplicity*



*Community*



*Spirituality*



*Service*