

## Care, the Source of All Cure

Care is being with, crying out with,  
Suffering with, felling with.

Care is compassion.

It is claiming the truth that the other person  
is my brother or sister, human, mortal, vulnerable, like I am.

When care is our first concern,  
Cure can be received as a gift.  
Often we are not able to cured,  
But we are always able to care.

To care is to be human.

~ Henri J. M. Nouwen