

## One on One Meetings

### Guidelines

- 1) This probably goes without saying, but don't repeat anything another housemate has said or take sides in any sort of conflict that may be going on.
- 2) Ask about the key areas of Associate life: how is work, how is community, how is your prayer life (personally and communally), perhaps relations with family or significant outsiders (if you deem it appropriate)...generally, how has the adjustment been, are you enjoying life as an associate...what have been your challenges. Make sure you give them the opportunity to tell you any ways you can be of greater assistance, if any. Keep it very informal, definitely more along the lines of a conversation between friends than an interview or evaluation.
- 3) Knowing that the one on one is going to happen, the associates will probably have an idea of what they want to share with you before it takes place...that doesn't mean you shouldn't ask them about things that they may be reluctant to bring up on their own, though. If these sorts of questions are perceived as one who really cares about what's happening and wants to be a support (and maybe more importantly, a guide), they will probably be very willing to share those intimate things...but if it's perceived as a way to just get the skinny, they may be more reluctant.
- 4) My best advice is to make the one-on-one time a chance to just get to know the associates better. Don't worry so much about the specifics, and don't worry if the conversation gets off track. As long as they know that you are interested in their well being, it doesn't really matter too much how you do it. A lot of the specifics are based on your own judgment call and where you stand with each associate as far as the relationship is concerned. It can be a great opportunity to jump start a relationship with one you may feel a little distant from.