

RETREAT/WORKSHOP AND FORMATION SCHEDULE*

July 2013- June 2014

July 28th – August 1, Orlando (Orientation)

October 24th – 27th, Fruitland Park
January 16th – 19th 2014, Ft. Myers Beach
April 7th-11th 2014, Miami

June 27th – 29th 2014, Orlando (Re-commissioning)



***RETREAT/WORKSHOP AND FORMATION DATES** – The facilities for these events are planned one year in advance and the commitment of money, planning of multiple schedules and volunteer professional speaker commitments are involved as well as the development of the CVIF community and 5 goals for the Volunteer. As agreed to in the Letter of Understanding, the Volunteer must attend all retreats organized throughout the year by the Catholic Volunteers in Florida. The Volunteer and Service Site Supervisor agree to make all work related scheduling adjustments to assure the Volunteer's attendance. Please plan ahead to avoid any conflicts. The only exemption from attendance will be granted in the event of a death in the immediate family of the Volunteer or the Volunteer's serious illness. Requests for exemption from attendance outside of this framework will only be considered if the request meets program policy guidelines of the CVIF office. Unexcused non-attendance will be cause for termination of the Volunteer's agreement.

CVIF FALL RETREAT
Warren Willis Camp, Fruitland Park, FL
October 24th-27th, 2013

Thursday, October 24

4:00 Arrival

4:30 Welcome – Opening prayer, (Jesus Calling), Introduce new Volunteer, overview of the retreat, sign-up for helping with meals and meeting with staff member, quarterly service project discussion, sign waivers, and prepare dinner

5:00 Card signing (10 for each CV to friends, family, etc...)

5:45 Dinner

7:00 Prayer, sharing a short significant site experience, “You Must care” handout
Book Discussion led by Kate Schulte (intro to new book)

Friday, October 25

7:00 – 8:15 Breakfast

6:45 OPTIONAL Mass at St. Timothy’s Church (7:15AM) 1351 Paige Place - Lady Lake, FL 32159

8:30 Morning prayer (Lectio Divina at the lake)

9:15 Heidi Peckham-The Spirituality of Conflict

10:30 Break/reflection

11:00 Teresa Peterson- Spiritual Journaling

12:30 Lunch

1:30 Break/reflection

2:00 Meet with Staff to review personal goals/Free time

4:00 Small group sharing

5:30 Dinner

7:00 AWARDS!

Community Activity/Meet with staff to review goals

Saturday, October 26

7:00 –7:30 light snacks only

8:00 Yoga- Diane Gallagher

9:00 Morning Prayer/Breakfast

10:00 Ropes Course #1

12:00 Lunch

Ropes Course #2

Ms. Valarie: Program Updates

6:00 A Dominican Dinner!

7:30 Prayer Partner Activity

9:00 Schmores!

Sunday, October 27

7:00-8:00 Breakfast

9:00 Mass at St. Paul’s church 1330 Sunshine Ave Leesburg, FL 34748-3958

COME BACK TO WWCAMP

Quarterly Service Project Discussion

Re-cap of retreat activities, organize November-February Monthly Meetings, Service Project/Christmas Party, and Evaluations

Clean-up Pack-up.

Departure by 12:30

Year At-A-Glance Expectations

Daily

- Responsible attendance and effort at service site
- Personal prayer

Weekly

- Community Night: gather with other local CVs for informal sharing
- Participate in email / web discussions with CV state community
- Contact your prayer partner!

Monthly

- Contact your Prayer Partner via email or phone to discuss goals
- E-mail or call Ms. Valarie to update her on your service site experience/turn in timesheets
- Coordinate Monthly Meetings in each city (sign ups)

Quarterly

- Attend and participate in retreats
- Write Fundraising Letters for Christmas Push
- Quarterly Service Project
- Share your own CV experience by
 - Create video, write a one page reflection to be used in our newsletter or website/retreat reimbursement/Constant Contact Update
 - Post pictures/reflections to CVIF Facebook page

Generally

- Communicate with appropriate staff on a timely basis as needs arise
 - Office- 407-426-7771
 - Program Director -Ms. Valarie – 407-520-7865
Site, Housing, Insurance, Program
 - Executive Director- Elaine – 484-557-2906
Finances, Fundraising
 - Formation Director/Recruitment-Darcey – 352-361-7979
Personal, Spiritual, Retreat, Meetings
- Maintain an orderly living space; **CLEAN REGULARLY!**
- Build relationships with CVIF Alums in your local area
- 24-48 hour response to emails/phone calls
- Bi-Annual Evaluations are also required

Program Expectations

From Staff of Volunteers:

- Challenge yourself (goals)
- Timely response
- Take initiative
 - Service Site
 - Listening-Prayer
- Open Minds
- Commitment
- Communication
 - with staff and other volunteers
 - with site first if problems arise
- Professionalism
- Welcoming
- Community
- CVIF Outreach (speaking, writing)
-

From Volunteers of Staff:

- Communication
- Supportive-Questions
- Being there/Welcoming Environment
- Health Insurance
- Networking
- Survival Tips
- Keep an open mind
- Honesty
- Flexibility
- Availability/Support
- Resources & Suggestions (Emergency, Alumni)

From Volunteers to Volunteers:

- Respect- Space/Boundaries
- New situations
- Open communication
- Flexibility
- Support for one another
- Welcoming of one another
- Accountability
- Utilize Facebook Group

CVIF ORIENTATION EVALUATION

July 28 – August 1

Retreat Center

Name _____

Which aspects of the orientation did you find helpful?

Why?

Were there aspects of the orientation you did not find helpful?

Why?

In which sessions/presentations/prayer experiences do you think God spoke to you this week? Were they words of consolation? Affirmation? Challenge? Other?

How did this orientation assist in developing your understanding of the CVIF values:

Personal Growth

Spirituality

Doing Justice

Community

Simple Living

Vocation Discernment

Suggestions for activities for future retreats; also, indicate if there is something you are willing to lead!!

Any other comments?