

## **Goals for the St. Joseph Workers at Work:**

The intent of the SJW program is to train women for leadership in social change in the tradition of the Sisters of St Joseph of Carondelet. The values of the program; leadership, spirituality, justice and community are central to the training and support of individual women. Work placements are chosen because of their congruency with the mission of the SJW's and CSJ's, because of their ability to offer a great experience to the Worker, and because of the Workers ability to offer the placement something of value through her work there. Here are some of the things we hope a Worker will gain through her work experience:

- Practice in speaking up for her opinions
- Ability to speak out on behalf of justice issues
- Increased appreciation for importance of mentors
- Ability to seek out experiences, take initiative, and act on passions in new ways
- Increased communication and writing skills
- Capacity to collaborate with team members
- Focus
- Recognition of her own gifts and talents, and ability to encourage the gifts and talents of others (ability to give/receive affirmation)
- Ability to challenge herself (and others) to do something new and different—something she might not know how to do.
- Ability to engage the assistance of others to help her do something beyond her own skills.
- Public speaking—experience working in and speaking in front of large groups of people.
- Embodying the charism of the CSJ's to meet unmet needs
- Experience in being an advocate for the marginalized
- Increased ability to use skills such as balance and humor in the workplace

We encourage supervisors and St Joseph Workers to have intentional conversations about specific goals and growth areas as well as ways to accomplish them.