

FEELINGS LIST

overjoyed	appalled	intelligent	ineffectual
confident	capable	friendly	uncomfortable
amazed	happy	lost	baffled
free	proud	benevolent	confused
playful	worthy	at-ease	nervous
courageous	important	comfortable	tense
energetic	adored	content	worried
excited	alive	alert	alarmed
enthusiastic	wanted	graceful	annoyed
bold	pitied	warm	provoked
loved	respected	amused	resentful
comforted	empathic	daring	fed-up
liberated	zealous	resigned	frustrated
cheerful	vibrant	unpopular	sad
sympathetic	independent	moody	sick
brave	concerned	lethargic	worn-out
serene	appreciated	gloomy	hopeless
satisfied	consoled	discontented	rejected
bitter	delighted	tired	guilty
receptive	eager	indifferent	embarrassed
challenged	optimistic	unsure	anxious
certain	joyful	impatient	dismayed
reassured	courageous	dependent	apprehensive
impulsive	hopeful	unimportant	mad
unique	cared for	regretful	torn
tenacious	affectionate	self-conscious	unloved
secure	patient	upset	angry
disinterested	strong	reluctant	hurt
exhausted	inspired	mixed-up	miserable
panicked	anticipating	sensitive	lonely
weary	sulky	envious	cynical
suspicious	yearning	stuck	abandoned
terrified	peaceful	unhappy	shocked
fearful	determined	bored	panicky
aching	relieved	forlorn	trapped
desperate	glad	disappointed	horrified
heartbroken	adventurous	wearied	afraid
agonized	rebellious	inadequate	